

# 20. Steinbecker Jubiläums-Triathlon

Ergebnisse / Results

Männer - Frauen / Division

inofficial result

ShortMan (0,5/27/5)

26.06.2011

printed 26.06.2011 18:56:17

## AK MJB

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	431	Kriegel, Niko	Tri-Team TSV Neustadt	DEU	0:07:47 (4.)	0:51:05 (28.)	0:22:40 (23.)	<b>01:21:31</b>	
2	443	Föhse, Marvin	TV 01 Bohmte	DEU	0:08:59 (19.)	0:52:29 (39.)	0:24:08 (43.)	<b>01:25:35</b>	+00:04:04

## AK M20

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	412	Remme, Stefan	Tri4Fun Ibbenbüren	DEU	0:10:31 (41.)	0:50:03 (20.)	0:22:31 (19.)	<b>01:23:03</b>	
2	313	Horstmann, Jan	Bielefeld	DEU	0:10:27 (40.)	0:50:26 (23.)	0:25:59 (59.)	<b>01:26:50</b>	+00:03:47
3	399	Sutmöller, Jan	Team Telekom Damme	DEU	0:09:46 (33.)	0:52:24 (36.)	0:26:02 (60.)	<b>01:28:12</b>	+00:05:09
4	413	Jansing, Matthias	Tri4Fun Ibbenbüren	DEU	0:09:12 (22.)	0:53:57 (47.)	0:28:36 (84.)	<b>01:31:44</b>	+00:08:41
5	305	Ahmann, Hendrik	AhmannMader e.V.	DEU	0:12:34 (76.)	0:54:51 (57.)	0:26:57 (74.)	<b>01:34:21</b>	+00:11:18
6	400	Kampers, Michael	Team Telekom Damme	DEU	0:11:13 (56.)	0:57:09 (66.)	0:26:57 (73.)	<b>01:35:18</b>	+00:12:15
7	401	Korte, Niklas	TeamCas	DEU	0:13:21 (84.)	1:03:17 (92.)	0:23:10 (28.)	<b>01:39:47</b>	+00:16:44

## AK M25

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	386	Hantschk, Philip	Soprema Team SVM	DEU	0:07:28 (3.)	0:45:46 (3.)	0:17:58 (1.)	<b>01:11:10</b>	
2	417	Thelen, Dennis	Triathlon Verein Berlin 09	DEU	0:07:58 (8.)	0:43:54 (1.)	0:20:50 (6.)	<b>01:12:41</b>	+00:01:31
3	389	Westermann, Ingo	SV Teuto Riesenbeck	DEU	0:08:26 (15.)	0:45:39 (2.)	0:21:11 (9.)	<b>01:15:15</b>	+00:04:05
4	411	Schrammeyer, Kai	Tri4Fun Ibbenbüren	DEU	0:11:12 (55.)	0:49:26 (17.)	0:25:16 (52.)	<b>01:25:52</b>	+00:14:42
5	391	Beermann, Steffen	SV Teuto Riesenbeck	DEU	0:09:20 (25.)	0:54:14 (53.)	0:23:51 (38.)	<b>01:27:24</b>	+00:16:14
6	302	Sackendnt, Karsten	8bar-racing e.V.	DEU	0:11:03 (52.)	0:52:25 (38.)	0:24:46 (48.)	<b>01:28:13</b>	+00:17:03
7	375	Reese, Tim	RW Sutthausen	DEU	0:13:35 (88.)	0:58:07 (74.)	0:24:01 (39.)	<b>01:35:41</b>	+00:24:31
8	335	Pedde, Erik	Hamburg	DEU	0:11:41 (65.)	0:56:46 (64.)	0:27:31 (76.)	<b>01:35:57</b>	+00:24:47
9	334	Alkemeyer, Michael	Hamburg	DEU	0:12:26 (74.)	1:00:45 (84.)	0:26:26 (68.)	<b>01:39:36</b>	+00:28:26
10	365	Achunov, Christian	OKE Group GmbH	DEU	0:16:12 (100.)	1:00:09 (82.)	0:23:38 (36.)	<b>01:39:58</b>	+00:28:48
11	397	Bünнемeyer, Christian	Team Slow	DEU	0:15:34 (98.)	1:02:52 (88.)	0:28:18 (81.)	<b>01:46:43</b>	+00:35:33

## AK M30

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	344	Jesse, Carlo	Marathon Ibbenbüren	DEU	0:07:51 (5.)	0:45:51 (4.)	0:21:07 (8.)	<b>01:14:48</b>	
2	315	Gerling, Hendrik	BSG-Westfalen AG	DEU	0:08:18 (11.)	0:47:03 (6.)	0:23:08 (27.)	<b>01:18:28</b>	+00:03:40
3	342	Baxheinrich, Sebastian	LV Tristar Oelde	DEU	0:09:11 (21.)	0:54:00 (50.)	0:23:38 (35.)	<b>01:26:48</b>	+00:12:00
4	304	Mader, Patrick	AhmannMader e.V.	DEU	0:11:18 (58.)	0:54:41 (56.)	0:26:18 (66.)	<b>01:32:16</b>	+00:17:28
5	317	Eggersmann, Jens	CLAAS	DEU	0:09:45 (32.)	0:58:00 (73.)	0:31:12 (93.)	<b>01:38:56</b>	+00:24:08

## AK M35

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	449	Remke, Tobias	WSU-Tri-Team Warendorf	DEU	0:09:41 (30.)	0:47:46 (10.)	0:21:34 (12.)	<b>01:19:00</b>	
2	398	Abeln, Hendrik	Team Slow	DEU	0:07:18 (2.)	0:49:42 (19.)	0:22:14 (16.)	<b>01:19:14</b>	+00:00:14
3	362	Wennemer, Maik		DEU	0:09:45 (31.)	0:51:44 (33.)	0:22:34 (21.)	<b>01:24:03</b>	+00:05:03
4	428	Bien, Jochen	TriRaLa Kolping Püßelbüre	DEU	0:11:10 (54.)	0:49:31 (18.)	0:23:31 (33.)	<b>01:24:12</b>	+00:05:12
5	341	Kohstall, Sascha	Lotte	DEU	0:07:56 (7.)	0:51:41 (32.)	0:24:48 (49.)	<b>01:24:23</b>	+00:05:23
6	438	Küthe, Lorenz	TuS Bersenbrück	DEU	0:08:18 (12.)	0:53:55 (46.)	0:23:11 (29.)	<b>01:25:23</b>	+00:06:23
7	326	Tepe, Frank	Georgs Reha und Vital Hörs	DEU	0:11:53 (67.)	0:50:49 (27.)	0:22:44 (24.)	<b>01:25:24</b>	+00:06:24
8	415	Gawlick, Stefan	Triathlon TEAM TG Witten	DEU	0:10:39 (45.)	0:51:12 (29.)	0:24:06 (41.)	<b>01:25:56</b>	+00:06:56
9	429	Schnieders, Markus	TriRun Ibbenbüren	DEU	0:09:33 (28.)	0:54:34 (55.)	0:23:40 (37.)	<b>01:27:46</b>	+00:08:46
10	367	Johannemann, Bernhard	Osnabrück	DEU	0:09:17 (23.)	0:55:03 (59.)	0:24:20 (46.)	<b>01:28:38</b>	+00:09:38
11	395	Witte, Ingo	Team Schaltzentrale	DEU	0:12:29 (75.)	0:50:48 (26.)	0:25:37 (55.)	<b>01:28:53</b>	+00:09:53
12	352	Ruhnau, Ingo	Mouseisbaeren	DEU	0:12:37 (77.)	1:00:26 (83.)	0:26:22 (67.)	<b>01:39:24</b>	+00:20:24
13	359	Weisemöller, Oliver		DEU	0:11:25 (59.)	0:59:51 (81.)	0:29:08 (87.)	<b>01:40:23</b>	+00:21:23
14	328	Huwald, Dirk	Georgsmarienhütte	DEU	0:13:29 (86.)	1:02:37 (86.)	0:34:32 (96.)	<b>01:50:37</b>	+00:31:37

## AK M40

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	379	Rauer, Michael	SC Altenrheine	DEU	0:08:25 (14.)	0:47:30 (8.)	0:21:31 (10.)	<b>01:17:25</b>	
2	451	Richter, Ingo	Marathon Ibbenbüren	DEU	0:11:32 (62.)	0:49:14 (16.)	0:20:19 (3.)	<b>01:21:04</b>	+00:03:39
3	338	Leuteritz, Kay	LC Solbad Ravensberg	DEU	0:10:22 (39.)	0:51:40 (31.)	0:19:39 (2.)	<b>01:21:40</b>	+00:04:15
4	434	Stöckel, Frank	TSG 07 Burg Gretesch	DEU	0:10:52 (48.)	0:50:23 (22.)	0:21:56 (15.)	<b>01:23:11</b>	+00:05:46

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5	424	Brouwer, Jörg	TriFun Hennesee	DEU	0:09:22 (26.)	0:52:24 (35.)	0:22:49 (25.)	<b>01:24:34</b>	+00:07:09
6	406	Kogge, Thomas	Tri Finish Münster	DEU	0:09:47 (34.)	0:54:22 (54.)	0:24:45 (47.)	<b>01:28:54</b>	+00:11:29
7	337	Heermeyer, Frank	Heavy Metal Fan Club	DEU	0:09:23 (27.)	0:58:59 (79.)	0:25:36 (54.)	<b>01:33:57</b>	+00:16:33
8	421	Franke, Dieter	TriFun Hennesee	DEU	0:13:43 (92.)	0:52:50 (41.)	0:28:15 (80.)	<b>01:34:46</b>	+00:17:21
9	392	Bruns, Martin	Team DGDHA	DEU	0:12:19 (71.)	0:55:38 (61.)	0:26:59 (75.)	<b>01:34:54</b>	+00:17:29
10	356	Dauwe, Jürgen	Münster	DEU	0:11:33 (63.)	0:59:15 (80.)	0:26:11 (65.)	<b>01:36:59</b>	+00:19:34
11	407	Esser, Olaf	Tri Finish Münster	DEU	0:10:57 (49.)	0:56:45 (63.)	0:30:35 (92.)	<b>01:38:16</b>	+00:20:51
12	376	Ewering, Jörg	Saarbrücken	DEU	0:10:50 (47.)	0:57:32 (70.)	0:30:17 (91.)	<b>01:38:38</b>	+00:21:13
13	437	Fischer, Thomas	TuRa Löhne	DEU	0:13:10 (81.)	1:03:01 (89.)	0:29:13 (89.)	<b>01:45:22</b>	+00:27:57
14	410	Lütke Föller, Markus	Tri Star Oelde	DEU	0:11:02 (51.)	0:57:29 (69.)	0:37:52 (99.)	<b>01:46:22</b>	+00:28:57
15	419	Arens, Thomas	TriFun Hennesee	DEU	0:12:25 (73.)	1:06:58 (96.)	0:28:24 (82.)	<b>01:47:46</b>	+00:30:21
16	371	Hölscher, Mathias	PV Triathlon Witten	DEU	3:48:40 (102.)	1:11:45 (99.)	0:42:48 (100.)	<b>05:43:11</b>	+04:25:47

## AK M45

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	301	Williams, Edward	1. Tri-Club Paderborn	DEU	0:07:55 (6.)	0:45:58 (5.)	0:21:32 (11.)	<b>01:15:24</b>	
2	408	Peyker, Joachim	Tri Finish Münster	DEU	0:08:54 (18.)	0:47:10 (7.)	0:20:41 (4.)	<b>01:16:43</b>	+00:01:19
3	314	Meyer, Andreas	BSG.Westfalen AG.	DEU	0:08:09 (10.)	0:48:35 (13.)	0:20:46 (5.)	<b>01:17:29</b>	+00:02:05
4	348	Strakeljahn, Karsten	Marathon Steinfurt	DEU	0:08:21 (13.)	0:48:18 (11.)	0:20:59 (7.)	<b>01:17:37</b>	+00:02:13
5	450	Jakisch, Thomas	WSU-Tri-Team Warendorf	DEU	0:08:08 (9.)	0:47:38 (9.)	0:24:08 (44.)	<b>01:19:54</b>	+00:04:30
6	441	Reichelt, Thorsten	TV 01 Bohmte	DEU	0:11:03 (53.)	0:48:25 (12.)	0:21:35 (13.)	<b>01:21:02</b>	+00:05:38
7	432	Sonntag, Mike	Tri-Team-Pirate	DEU	0:10:12 (37.)	0:49:07 (15.)	0:23:23 (31.)	<b>01:22:41</b>	+00:07:17
8	312	Leising, Wilhelm	Bielefeld	DEU	0:08:28 (16.)	0:52:25 (37.)	0:22:31 (20.)	<b>01:23:23</b>	+00:07:59
9	444	Krone, Stephan	TV Bissendorf-Holte	DEU	0:10:34 (42.)	0:50:33 (24.)	0:22:30 (18.)	<b>01:23:37</b>	+00:08:13
10	380	Heckhuis, Michael	SC Altenrheine	DEU	0:10:44 (46.)	0:54:12 (52.)	0:23:08 (26.)	<b>01:28:03</b>	+00:12:39
11	384	Lampe, Jürgen	SC Falke Saerbeck	DEU	0:10:38 (44.)	0:54:02 (51.)	0:24:55 (50.)	<b>01:29:34</b>	+00:14:10
12	318	Wiese, Thorsten	DJK Mudersbach	DEU	0:10:36 (43.)	0:53:13 (42.)	0:26:06 (62.)	<b>01:29:54</b>	+00:14:30
13	347	Gäbel, Martin	Marathon Ibbenbüren	DEU	0:13:34 (87.)	0:53:46 (45.)	0:22:37 (22.)	<b>01:29:56</b>	+00:14:32
14	311	Baumgarten, Manfred	Bergheim	DEU	0:14:09 (95.)	0:53:19 (43.)	0:22:30 (17.)	<b>01:29:57</b>	+00:14:33
15	393	Tobias, Teutemacher	Team Erdinger Alkoholfrei	DEU	0:09:05 (20.)	0:57:50 (72.)	0:25:39 (56.)	<b>01:32:33</b>	+00:17:09
16	320	Wrede, Bernd	Enger	DEU	0:12:00 (68.)	0:54:59 (58.)	0:25:57 (58.)	<b>01:32:55</b>	+00:17:31
17	388	Stermann, Franz	SV Halverde	DEU	0:12:40 (78.)	0:53:58 (49.)	0:28:43 (86.)	<b>01:35:19</b>	+00:19:55
18	330	Hurtz-Ludwig, Markus	Haaner Knaller	DEU	0:11:28 (60.)	0:58:14 (76.)	0:26:44 (72.)	<b>01:36:26</b>	+00:21:02
19	409	Kanert, Ludger	TRI STAR OELDE	DEU	0:13:41 (91.)	0:56:49 (65.)	0:26:11 (64.)	<b>01:36:40</b>	+00:21:16
20	331	Kutzner, Dieter	Haaner Knaller	DEU	0:12:15 (69.)	1:03:09 (91.)	0:26:29 (70.)	<b>01:41:52</b>	+00:26:28
21	381	Meier, Benedikt	SC Altenrheine	DEU	0:11:42 (66.)	0:58:43 (78.)	0:33:07 (95.)	<b>01:43:30</b>	+00:28:06
22	394	Brinkmann, Klaus	Team Erdinger Alkoholfrei	DEU	0:13:07 (80.)	1:05:06 (95.)	0:26:04 (61.)	<b>01:44:16</b>	+00:28:52
23	366	Helling, Dirk	OKE Group GmbH	DEU	0:13:36 (89.)	1:03:01 (90.)	0:28:43 (85.)	<b>01:45:19</b>	+00:29:55
24	403	Niemann, Herbert	Teuto Riesenbeck	DEU	0:11:15 (57.)	1:10:41 (98.)	0:29:21 (90.)	<b>01:51:16</b>	+00:35:52

## AK M50

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	402	den Berg, Jürgen	Teuto Riesenbeck	DEU	0:09:19 (24.)	0:48:36 (14.)	0:23:12 (30.)	<b>01:21:06</b>	
2	404	Lindemann, Jörg	THC Westerkappeln	DEU	0:11:01 (50.)	0:51:16 (30.)	0:21:37 (14.)	<b>01:23:53</b>	+00:02:47
3	353	Lehr, Thomas	Münster	DEU	0:08:48 (17.)	0:52:43 (40.)	0:24:02 (40.)	<b>01:25:32</b>	+00:04:26
4	382	Kocks, Ulli	SC Altenrheine	DEU	0:10:06 (35.)	0:50:23 (21.)	0:25:09 (51.)	<b>01:25:37</b>	+00:04:31
5	329	Rieke, Alfred	Gruen-Weiß Steinbeck	DEU	0:11:39 (64.)	0:52:11 (34.)	0:23:27 (32.)	<b>01:27:16</b>	+00:06:10
6	307	Besting, Ulrich	androGym Münster	DEU	0:09:40 (29.)	0:53:57 (48.)	0:25:46 (57.)	<b>01:29:23</b>	+00:08:17
7	440	Weidner, Jürgen	TV 01 Bohmte	DEU	0:12:46 (79.)	0:53:33 (44.)	0:24:07 (42.)	<b>01:30:25</b>	+00:09:19
8	350	Meyendriesch, Andreas	Meerwiesel	DEU	0:12:22 (72.)	1:00:49 (85.)	0:26:09 (63.)	<b>01:39:18</b>	+00:18:12
9	357	Wolff, Thomas	Münster	DEU	0:15:21 (97.)	0:58:22 (77.)	0:26:37 (71.)	<b>01:40:19</b>	+00:19:13
10	363	Tillner, Thomas	OKE Group GmbH	DEU	0:13:26 (85.)	1:03:45 (93.)	0:28:10 (79.)	<b>01:45:20</b>	+00:24:14
11	358	Steinforth, Ewald	Obersteinbeck	DEU	0:13:20 (83.)	1:02:51 (87.)	0:31:39 (94.)	<b>01:47:49</b>	+00:26:43
12	418	Hemmeltgarn, Martin	TriFinish Münster	DEU	0:10:21 (38.)	1:04:18 (94.)	0:35:23 (98.)	<b>01:50:01</b>	+00:28:55
13	321	Vogedes, Rolf	ETuS Rheine	DEU	0:16:00 (99.)	1:14:31 (101.)	0:28:28 (83.)	<b>01:58:58</b>	+00:37:52
14	426	Thölking, Franz-Josef	Tri-Geckos Dortmund	DEU	3:47:23 (101.)	1:12:38 (100.)	0:48:00 (101.)	<b>05:48:00</b>	+04:26:54

## AK M55

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	351	Meyendriesch, Burkard	Meerwiesel	DEU	0:14:07 (94.)	0:56:04 (62.)	0:25:33 (53.)	<b>01:35:44</b>	
2	374	Berg, Günter	Ruderverein Münster	DEU	0:12:19 (70.)	0:57:28 (68.)	0:27:48 (77.)	<b>01:37:33</b>	+00:01:49

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3	354	Lunze, Jan	Münster	DEU	0:14:16 (96.)	0:57:34 (71.)	0:29:12 (88.)	<b>01:41:02</b>	+00:05:18
4	333	Fremerey, Michael	PeterHaaner Knaller	DEU	0:13:16 (82.)	1:07:40 (97.)	0:35:21 (97.)	<b>01:56:16</b>	+00:20:32

## AK M60

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	405	Verhoeven, Wolfgang	Tri Finish Münster	DEU	0:10:07 (36.)	0:50:45 (25.)	0:24:11 (45.)	<b>01:25:01</b>	
2	345	Runde, Detlev	Marathon Ibbenbüren	DEU	0:14:01 (93.)	0:57:15 (67.)	0:23:33 (34.)	<b>01:34:48</b>	+00:09:47
3	396	Witte, Hans	Team Schaltzentrale	DEU	0:13:38 (90.)	0:58:10 (75.)	0:28:03 (78.)	<b>01:39:50</b>	+00:14:49

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1	368	Bossmeyer, Anja	Osnabrück	DEU	0:10:59 (17.)	1:05:01 (25.)	0:25:08 (10.)	<b>01:41:07</b>	

## AK W25

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	416	Koring, Ann-Christin	Triathlon Team TG Witten	DEU	0:09:52 (9.)	0:54:21 (7.)	0:22:01 (3.)	<b>01:26:13</b>	
2	324	Sumbeck, Imke	FC Schüttorf 09	DEU	0:09:04 (3.)	0:53:58 (6.)	0:24:17 (6.)	<b>01:27:17</b>	+00:01:05
3	303	Lunze, Katrin	Aachen	DEU	0:10:21 (11.)	0:52:57 (4.)	0:24:33 (8.)	<b>01:27:50</b>	+00:01:37
4	346	Wulf-Wöstmann, Silke	Marathon Ibbenbüren	DEU	0:13:39 (28.)	0:59:42 (19.)	0:27:57 (18.)	<b>01:41:16</b>	+00:15:03
5	435	Arndt, Julia	TSV Ladbergen	DEU	0:13:17 (26.)	1:05:50 (27.)	0:27:53 (15.)	<b>01:47:00</b>	+00:20:47

## AK W30

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	309	Stainforth, Rebekah	ASV Duisburg	DEU	0:09:10 (4.)	0:54:58 (8.)	0:23:39 (5.)	<b>01:27:46</b>	
2	414	Polanz, Meike	TRlandertaler Mettmann-Spc	DEU	0:10:19 (10.)	0:56:16 (11.)	0:21:53 (2.)	<b>01:28:27</b>	+00:00:41
3	325	Havermann, Rike	Fortuna Eggermühlen	DEU	0:10:43 (13.)	0:57:04 (13.)	0:23:20 (4.)	<b>01:31:06</b>	+00:03:20
4	387	Marquardt, Anika	SV GLadbeck 13	DEU	0:09:21 (5.)	0:53:45 (5.)	0:30:24 (26.)	<b>01:33:30</b>	+00:05:44
5	422	Henkel, Petra	TriFun Hennesee	DEU	0:10:50 (15.)	0:56:57 (12.)	0:26:43 (14.)	<b>01:34:30</b>	+00:06:44
6	436	Recker, Catrin	TSVE Bielefeld	DEU	0:11:46 (20.)	0:57:39 (17.)	0:29:08 (24.)	<b>01:38:32</b>	+00:10:46

## AK W35

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	355	Heimeshoff, Ute	Münster	DEU	0:10:57 (16.)	0:57:21 (14.)	0:28:51 (23.)	<b>01:37:09</b>	
2	370	Schmelzer, Claudia	Osnabrücker TB	DEU	0:13:45 (29.)	0:58:27 (18.)	0:25:39 (13.)	<b>01:37:50</b>	+00:00:41
3	442	Wagner, Annika	TV 01 Bohmte	DEU	0:10:47 (14.)	1:03:38 (23.)	0:28:28 (19.)	<b>01:42:52</b>	+00:05:43
4	340	Saalfeld, Sonja	LG Ratio Münster / SW Hav	DEU	0:12:28 (23.)	1:01:24 (21.)	0:34:57 (30.)	<b>01:48:48</b>	+00:11:39
5	423	Hermes, Sabine	TriFun Hennesee	DEU	0:09:37 (7.)	1:09:46 (30.)	0:32:29 (28.)	<b>01:51:51</b>	+00:14:42

## AK W40

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	310	Görtz, Beate	ASV Köln Triathlon	DEU	0:08:07 (2.)	0:46:03 (1.)	0:20:12 (1.)	<b>01:14:21</b>	
2	339	Olszewski, Anja	LDT Bochum TriTeam	DEU	0:09:36 (6.)	0:57:23 (16.)	0:25:27 (11.)	<b>01:32:24</b>	+00:18:03
3	383	Brockmann, Anne	SC Falke Saerbeck	DEU	0:12:20 (21.)	0:55:43 (9.)	0:25:31 (12.)	<b>01:33:33</b>	+00:19:12
4	336	Fehmer, Silke	Havixbeck	DEU	0:11:14 (18.)	0:57:22 (15.)	0:27:57 (17.)	<b>01:36:33</b>	+00:22:12
5	364	Stölting, Alexandra	OKE Group GmbH	DEU	0:12:46 (24.)	1:04:40 (24.)	0:27:54 (16.)	<b>01:45:19</b>	+00:30:58
6	361	Meck, Dorothe		DEU	0:12:27 (22.)	1:08:59 (29.)	0:30:50 (27.)	<b>01:52:14</b>	+00:37:53

## AK W45

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	349	Strakeljahn, Elke	Marathon Steinfurt	DEU	0:08:00 (1.)	0:52:29 (3.)	0:24:20 (7.)	<b>01:24:48</b>	
2	430	Kaindl, Kathrin	Tri-Team TSV Neustadt	DEU	0:09:39 (8.)	0:50:16 (2.)	0:24:57 (9.)	<b>01:24:50</b>	+00:00:02
3	433	Hirschmann-Syassen, Kä	SG 07 Burg Gretesch	DEU	0:11:26 (19.)	0:55:51 (10.)	0:28:48 (22.)	<b>01:36:04</b>	+00:11:16
4	308	Dahmen, Sabine	ASC Ahlen	DEU	0:10:39 (12.)	1:00:47 (20.)	0:28:30 (20.)	<b>01:39:55</b>	+00:15:07
5	327	Liegier, Sylvie		DEU	0:12:49 (25.)	1:05:08 (26.)	0:29:21 (25.)	<b>01:47:17</b>	+00:22:29
6	369	Rosner, Evelyn	Osnabrücker SC	DEU	0:13:35 (27.)	1:07:59 (28.)	0:28:42 (21.)	<b>01:50:15</b>	+00:25:27

## AK W50

Position	No	Name	Club	Nat	SWIM (PI-Swim.)	BIKE (PI-Bike.)	RUN (PI-Run.)	Total	Diff.
1	385	Günigmann, Elisabeth	SC Falke Saerbeck	DEU	0:15:57 (30.)	1:01:30 (22.)	0:33:43 (29.)	<b>01:51:09</b>	